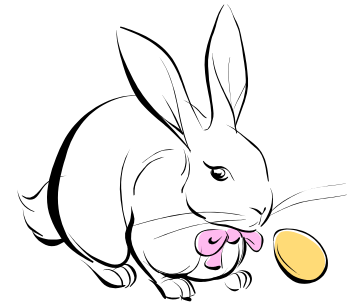



April 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <i>Bone Builders 10-11</i>	3	4 <i>Bone Builders 10-11</i> <i>VNA: Blood Pressure Clinic 9:30-11:00am</i>	5
6	7 <i>Bingo 10-12:15pm</i>	8	9 <i>Bone Builders 10-11</i> <i>VNA: Senior Health Clinic</i>	10	11 <i>Bone Builders 10-11</i> <i>Egg stuffing 11-12</i>	12
13	14 <i>Bingo 10-12:15pm</i>	15	16 <i>Bone Builders 10-11</i> <i>VNA: Healthcare Directives 11:00-12:00pm</i> <i>Sunset Meeting 11-1pm</i>	17	18 <i>Bone Builders 10-11</i> <i>Egg stuffin 11-12</i>	19
20 	21 <i>Bingo 10-12:15pm</i> <i>Easter Edition</i>	22	23 <i>Bone Builders 10-11</i> <i>VNA: Walk-in Wednesday</i>	24	25 <i>Bone Builders 10-11</i>	26
27	28 <i>Bingo 10-12:15pm</i>	29	30 <i>Bone Builders 10-11</i> <i>Crafts with Pre-School 11-12</i>			

Concord Parks and Recreation Senior Newsletter April 2014

Events at a glance...

Friday, April 4th

VNA Blood Pressure Clinic 9:30-11am

Wednesday, April 9th

Senior Health Clinic 9:00-12:00pm

Wednesday, April 16th

VNA Organizing Your Wishes for the Care You Want 11-12pm

Monday, April 21st

BINGO Easter Edition

Wednesday, April 23rd

VNA Walk in Wednesday 10am-12pm

Organizing Your Wishes for the Care you Want

Wednesday, April 16, 2014

11:00am-12:00pm

National Healthcare Decisions Day is April 16. Advance directives are legal documents that state what type of care and treatment you wish to receive if you have a future life-limiting illness. Your wishes are based on your personal values, preferences, and discussions with loved ones. Learn information, tools, and steps to help you plan for future medical care and treatment. This program is offered at no charge to the community.

Easter Egg Stuffing

We are looking for volunteers to assist in stuffing Easter eggs for this year's egg hunts.

We will stuff eggs on Friday April 11th 10-12pm and again on Friday April 18th 10-12pm if needed.

Everyone is welcome!



For more information please contact Concord Parks and Recreation at 225-8690 or
Visit us online at www.concordparksandrec.com